

Sushi

Introducing Kentaro Hashizume,
Sushi Chef at Royal Vancouver Yacht Club

Kent offers Vancouver's freshest sushi grade fish
Wednesday to Sunday
12 pm to 2 pm/ 5 pm to last call at 830 pm

Tuna Poke ripe avocado, marinated tuna, crispy wonton 10

Rolls

Avocado Roll ripe avocado 5

Chopped Scallop Roll scallops, tobiko marinade, cucumber 6

Vegetable Roll 6

California Roll pollock, avocado, mayo 6

Spicy Tuna Roll 7

Salmon Avocado Roll sockeye salmon, avocado 7

Alaska Roll cucumber, avocado, tobiko,

sockeye salmon, miso sesame sauce 13

Clubhouse Roll tuna, salmon, chopped scallop,

avocado, cucumber tobiko 15

Rainbow Roll california roll with tuna, salmon, avocado 17

Dungeness Crab Roll pacific crab, avocado, mayo 17

Seared Pressed Sushi

Mackerel 10

Salmon 12

Sashimi

Sashimi Platter

3 pc each atlantic salmon, sockeye salmon, tuna 18

4 pc each atlantic salmon, sockeye salmon, tuna 21

5 pc each atlantic salmon, sockeye salmon, tuna 24

Nigiri Sushi

2 piece tuna 4

2 piece sockeye salmon 5

2 piece atlantic salmon 4

2 piece chopped scallop 4

2 piece mackerel 5

Combo

Maki Combo bite-sized tuna and salmon rolls 7

Veggie Combo veggie roll, cucumber maki, avocado maki 12

Lunch

Soups

Boston Clam Chowder 5 **Daily Soup** 4

Bouillabaisse fish broth, fennel, white fish, mussels, clams, prawns, saffron, crouton w/roille garlic sauce 12

Appetizers

Smoked Salmon Mosaic

olive oil, pico de gallo, fresh greens, olive baguette toast, cream cheese 13

Charcuterie Board

prosciutto, sausage, salami, manchego, pickles, multigrain toast 14

Beef Tenderloin Carpaccio

rare beef, deep-fried capers, arugula, sea salt, olive baguette toast 15

Appetizer Platter

chicken wings, honey garlic sauce on the side, spring rolls, wonton prawns, sweet chili sauce 15

Crispy Chicken Wings

hot sauce or honey garlic on the side 10

RVYC Spring Rolls

pork, seafood, highlander sauce 8

Fresh Mussels or Fresh Clams

white wine, broth, butter, bacon lardon, onion, parsley, chili flakes, cream or

shallots, broth, garlic, lemon grass, kaffir lime, coconut milk
.75 lb 11 1.5 lb 19 add french fries 3

Calamari and Prawns

breaded crispy, tzatziki 12

Lettuce Wrap **vegan**

wok vegetables, cashews, crispy chow mein noodles, hot and sour sauce, cilantro 10
add chicken breast 6

Salads

add breast of chicken, or tofu 6

add dungeness crab, baby shrimp, prawns, or salmon 8

Cordillera Salad **vegan**

organic greens, quinoa, chickpeas, mango, avocado, raisin, curry dressing, roasted coconut, cashew 14

Caesar Salad **vegetarian**

romaine, parmesan cheese, croutons, creamy caesar dressing 8

Saltspring Salad

chicken breast, mixed greens, goat cheese, tomato, cucumber, sunflower seeds white balsamic vinaigrette 16

Crab and Shrimp Salad

avocado, asparagus, tomato, egg, cucumber, tarragon mayonnaise 18

Seared Albacore Tuna Niçoise Salad

sesame-crusting tuna, green beans, olives, grape tomatoes, hard-boiled egg, anchovies, potatoes, dijon vinaigrette 15

Lunch

Fish Tacos

breaded haddock, shredded cabbage, fresh pico de gallo, citrus aioli 14

Veggie Tacos **vegetarian**

lentils, chickpeas, rice, avocado, cumin shredded cabbage, fresh pico de gallo, citrus aioli 12

Quesadilla **vegetarian**

flour tortilla, refried beans, mozzarella, bell pepper, onion 11
add shrimp or chicken 6

Sandwiches

add cheddar, bacon, mushrooms, avocado 1.5

Beef Burger

all-beef patty, sesame brioche, tomato, iceberg lettuce, red onion relish, mayo, dill pickle, french fries 13

Mermaid Lentil Burger **vegetarian**

lentil chickpea patty, sesame brioche, cumin, avocado, mozzarella cheese, organic lettuce, tomato, mayo, french fries 13

Two Slice Clubhouse Sandwich

your choice cajun chicken breast or dungeness crab and shrimp salad, bacon, tomato, avocado, lettuce, chive mayonnaise on sourdough, rye, multigrain or country bread, french fries 16

Philly Beef Dip

shaved prime rib, roasted garlic aioli, swiss cheese, caramelized onions, mushrooms, au jus, french fries 17

Staples

Vegetable Curry **vegan**

cauliflower, chickpeas, bok choy, carrots, apple, red thai curry, rice 13

Cod and Chips

two pieces of cod, home cut fries 14

Crab Cakes

caper aioli, mixed green salad, herb dressing 14

Teriyaki Chicken Stir-fry

chicken breast, stir-fried vegetables, spinach, cashews, crispy chow mein noodles, cilantro, sambal 16

Farmer Sausage and Prawns

penne, garlic, tomato sauce, herbs, chili flakes, parmesan, garlic bread 18

6oz Steak Frites

flatiron steak on garlic bread, french fries 19

Wild Salmon

served over pasta with julienne vegetables, fresh herbs, lemon 17